

'A searing and riveting book ... the sheer clarity of the writing, the personal fragility and the wrestling with demons emerging here with a kind of grace, a hard-won heroism.'

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A PERSONAL HISTORY OF
DEPRESSION AND RECOVERY

Mary Cregan

BOOK LAUNCH AND MARY CREGAN INTERVIEWED BY ANNE ENRIGHT

AT HODGES FIGGIS, 56-58 DAWSON ST, D2
ON WEDNESDAY 12 JUNE FROM 6PM
ALL WELCOME

'A SEARING AND RIVETING BOOK ... THE SHEER CLARITY OF THE WRITING, THE PERSONAL FRAGILITY AND THE WRESTLING WITH DEMONS EMERGING HERE WITH A KIND OF GRACE, A HARD-WON HEROISM.' COLM TÓIBÍN



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